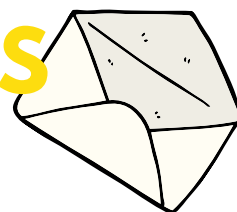




GIVE... A FEW WORDS



 **HUDDERSFIELD**

 [**Give...A Few Words**](#)

WHAT IS GIVE... A FEW WORDS ABOUT?

Give...A Few Words is a Huddersfield-born social enterprise founded by Sharron Wilkinson. It began as a **compassionate response to the isolation experienced by care home residents** during the COVID-19 pandemic. Initially launched as a **letter-writing initiative**, it quickly evolved into a **nationwide, and now international**, movement of **kindness, creativity, and connection**. Volunteers of all ages, including multi-generational families, contribute personalised **letters, artwork, and handmade items to individuals facing loneliness or needing a wellbeing boost**.

The initiative now **supports a wide range of organisations, from care homes to a diverse range of charities and people from across the community**. Give...a few words, offer little acts of “positive post” to **uplift recipients and foster social connections**. With over **1000 volunteers** contributing in the past year alone, Give...A Few Words has posted out **hundreds of bespoke letter packs with letters and artwork from all across the UK and beyond**. Each pack is filled with **unique, diverse voices and creative expressions**.

At its core, **the initiative aims to reduce loneliness and improve wellbeing**. It continues to grow through new **pilot programmes, including creative workshops in care homes that empower residents to become contributors themselves**, whether through **writing, crafting, or storytelling**. The initiative celebrates individuality, inclusivity, and the simple power of a heartfelt message.

“There is still a great deal of stigma around loneliness and people having a difficult time (for a variety of reasons). Whilst our aims are mainly to reduce loneliness and improve social connections, everything we do is built around aiming to boost personal wellbeing and be a place of positivity.”

-Sharron Wilkinson - Director

HOW IS THE INITIATIVE FUNDED?

Give... a few words has received short-term funding pots to date but is passionate about trading and innovating in order to work towards financial sustainability for the future.

WHAT ASPECTS OF HEALTH DOES THE INITIATIVE ADDRESS?

Give...a few words primarily aims to address loneliness and improve wellbeing for all involved.

WHO ARE THE BENEFICIARIES OF THE INITIATIVE?

Give...A Few Words **supports individuals experiencing loneliness and those who wish to participate in a positive activity for their own wellbeing.**

Care home **residents benefit not only as recipients but increasingly as contributors**, through creative workshops that **empower them to share their own stories, write letters, or craft items for others. This dual role enhances their sense of purpose, hope, meaning and belonging.**

Volunteers, too, benefit from the initiative: families, individuals, and communities who participate in letter writing and creative **contributions often report a deep sense of fulfilment and connection.** Often spanning generations and continents, **the initiative offers a rich, reciprocal network of kindness and creativity for many volunteers.**

HOW DO YOU DEMONSTRATE IMPACT AND SUCCESS?

Give...a few words **engaged with over 1000 volunteers, sending out over 4500 individual letter and crafts bespoke gift and letter packs last year alone.**

Give... a few words have received continued publicity coverage in recent years, demonstrating the initiative's impact. You can view the features [HERE](#).

HOW HAS THE PROJECT MADE A DIFFERENCE TO PEOPLE'S WELLBEING?

"last year over 98% of our volunteers surveyed said that they'd found being involved with Give...A Few Words had been really beneficial for their own well-being too."

-Sharron Wilkinson - Director

"Writing for Give...A Few Words has been life changing for me, pure joy and delight."

-Volunteer letter writer, 2025

"Give...A Few Words activity was a joyful and engaging activity that brought smiles, inspiration and a sense of connection for our residents."

-Care home, 2025

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a few words

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